

东风韵小镇



9天7晚昆明·建水·元阳·弥勒·泸西·东川红土地

9D7N Kunming / Jianshui / Mile / Luxi / Dongchuan Red Land

爱春蓝梯田



全程
无购物

NO
SHOPPING

Tour Code: 9CKMG-CY

(Updated: 08JUL2026)



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(OUTBOUND)

9天7晚 昆明·建水·弥勒·泸西·东川红土地

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第一天吉隆坡 → 昆明

机上用餐

戴斯精选温德姆酒店或当地同级4★

搭乘航班前往昆明；接机后送往酒店入住。

第二天昆明 ↔ 建水

早 / 午 / -

建水慕尚酒店或当地同级4★

前往建水参观【建水古城】保存完好的古建筑有 50 余座，距今约有 1,200 多年历史，主要景点有【朱家花园】【西门古井】【朝阳楼】(不登楼)；【豆腐坊】品尝现磨豆浆或豆腐脑。

第三天建水 ↔ 元阳梯田

早 / 午 / 晚

元阳云之梦酒店或当地同级4★

游览十七孔古桥【双龙桥】欣赏古桥映水美景；前往游览【元阳哈尼梯田】被誉为“中国最美的山岭雕刻”，至今约有 1,200 多年历史；主要景点有【箐口哈尼民俗村】(领略哈尼族村寨的独特风情)；前往【坝达景区】观赏壮丽的梯田日落奇观。

第四天元阳梯田 ↔ 弥勒

早 / 午 / 晚

弥勒巨人雅阁酒店或当地同级5★

前往【多依树景区】(视天气观日出)；【爱春蓝梯田】(蓝色梯田)与【全福庄观景台】尽览世界级梯田风光；前往弥勒参观“南天第一窖”【云南红酒庄】品尝红酒佳酿；晚上入住【温泉酒店】(自备泳衣)。

第五天弥勒 ↔ 泸西 ↔ 石林县

早 / 午 / 晚

戴斯精选温德姆酒店或当地同级4★

打卡被誉为“中国第一魔幻小镇”的【东风韵小镇】(含观光车)欣赏红砖万花筒艺术馆；探索有“西南第一洞”美誉的【阿庐古洞风景区】观赏奇幻钟乳石景观。

第六天石林县 ↔ 倘甸 ↔ 红土地景区

早 / 午 / 晚

红土都开权精品酒店或当地同级4★

游览【杏林大观园】感受生态园林与中医药文化；前往【乐谱凹】欣赏宛如乐谱般的红土地纹理；打卡【落霞沟】观赏绚丽日落美景。
特别赠送：【水果采摘体验】入园品尝当季水果，并赠送每人一份水果带走(依季节供应，超出份量按市价自费)

第七天红土地景区 ↔ 倘甸 ↔ 昆明

早 / 午 / 晚

维居金鹰酒店或当地同级4★

【锦绣园】欣赏层层交错的土地纹理与日出美景(适合春秋冬季)；【打马坎】红观赏晨光洒落山谷的梦幻景色(适合夏季)；探访被誉为“上帝遗落的调色板”【东川红土地景区】游览【红土地大观】、【七彩坡】、【乐谱凹】、【落霞沟】、【千年老龙树】等景点。

第八天昆明

早 / 午 / -

游览【大观楼公园】(季节性景观)欣赏湖光美景；漫步昆明市中心【金马碧鸡坊】与【南屏步行街】感受城市繁华；前往【南强街巷夜市】品味当地烟火气；前往机场办理登机手续。

第九天昆明 → 吉隆坡

机上用餐

搭乘航班返回吉隆坡。

{风味餐：建水风味 / 哈尼风味 / 弥勒风味 / 宜良烤鸭 / 农家风味 / 过桥米线 / 野生菌火锅}

DAY 1 Kuala Lumpur → Kunming

MOB

Wydnham Hotel or Similar Local 4★

Fly to Kunming. Upon arrival, transfer to the hotel for check-in.

DAY 2 Kunming ↔ Jianshui

B / L / --

MuShang Hotel or Similar Local 4★

Transfer to Jianshui County. Visit Jianshui Ancient Town — There are more than 50 well-preserved ancient buildings with a history of more than 1,200 years. The main attractions are Zhu Family Garden, West Gate Ancient Well, Chaoyang Tower (Not going up tower). Tofufang — Try freshly ground soy milk or tofu curd.

DAY 3 Jianshui ↔ Yuanyang

B / L / D

Cloudreams Hotel or Similar Local 4★

Visit the 17-arch Shuanglong Bridge admire its reflection over the water; Transfer to visit Yuanyang Hani Terrace — Well known as The Most Beautiful Mountain Carving in China. It has a history of more than 1,200 years. The main attractions are Qingkou Hani Folk Village (feel the unique ambience of Hani villages); Enjoy the spectacular terrace sunset at Bada Scenic Area.

DAY 4 Yuanyang ↔ Mile

B / L / D

Argyle Hotel or Similar Local 4★

Head to Duoyishu Scenic Area (Weather permitting) for a stunning terrace sunrise. Visit Aichun Blue Rice Terraces and Quanfuzhuang Viewing Platform for panoramic views. Visit Yunnan Red Winery and enjoy red wine tasting. Visit the internet-famous site; Hot Spring Hotel (Bring your own swimsuit).

DAY 5 Mile ↔ Luxi ↔ Shiling

B / L / D

Wydnham Hotel or Similar Local 4★

Visit the “China’s No.1 Magical Town” Dongfengyun Town (Shuttle included) admire the Red Brick Kaleidoscope Art Gallery. Explore Alu Ancient Cave Scenic Area, known as the “No.1 Cave in Southwest China,” with its stunning stalactite formations.

DAY 6 Shiling ↔ Tangdian ↔ Red Land

B / L / D

Red Land Boutique Hotel or Similar Local 4★

Visit Xinglin Grand View Garden to experience ecological gardens and herbal culture. Visit Lepu Ao and Luoxia Valley for a stunning sunset view.
FREE Fruit-picking experience: Enjoy seasonal fruits in the garden and receive one portion of fruit per person to take home (Seasonal availability, extra portions at own expense based on market price)

DAY 7 Red Land ↔ Tangdian ↔ Kunming

B / L / D

Weiju Golden Eagle Grand Hotel or Similar Local 4★

Enjoy sunrise views at Jinxiu Garden (Spring–Winter) with layered red land patterns or Damakan (Summer) with dreamy morning light over the valley. Explore the “Palette Left by God” Dongchuan Red Land Scenic Area, including Red Land Grand View, Colorful Slope, Lepu Ao, Luoxia Valley and Millennium Old Dragon Tree.

DAY 8 Kunming

B / L / --

Visit Daguan Park (Seasonal scenery) for lakeside views. Stroll through downtown Jinma Biji Archway and Nanping Pedestrian Street. Explore Nanqiang Street Night Market for local food. Transfer to airport for check-in.

DAY 9 Kunming → Kuala Lumpur

MOB

Take a flight back to Kuala Lumpur.

{Special Meals: Jianshui Cuisine / Hani Cuisine / Mile Cuisine / Yiliang Roast Duck / Farmhouse Meal / Crossing-the-Bridge Rice Noodles / Wild Mushroom Hot Pot}

Departure Date 出发日期	Flight Details 航班资料	Tour Fare 团费	Remarks 备注

上述行程仅供参考，然而正确行程乃依据当时实际情况重新调整后为准
The above itinerary is for reference only, and is subject to any necessary changes in accordance to local requirements.

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