

# 9天7晚 昆明·大理·丽江·香格里拉·泸沽湖



全程无购物

## 行程特色:

- ◆ 当地4+5★酒店
- ◆ 泸沽湖女儿国+喜洲古镇
- ◆ 网红打卡: 圣托里尼
- ◆ 鲜花接机

泸沽湖  
世界上最后一个女儿国净土



圣托里尼  
网红打卡点



玉龙雪山  
一山分四季 十里不同天



松赞林寺  
小布达拉宫

### 第一天 吉隆坡 ✈️ 昆明 机上用餐

当地5★ 徽商国际酒店或同级  
在吉隆坡国际机场集合，乘搭航班飞往【昆明】。抵达后送往酒店入住。

### 第二天 昆明 ✈️ 大理 早/午/晚餐

当地5★ 大理大院里酒店或同级  
【圣托里尼(网红打卡地)】(含上行电瓶车+自由旅拍)被称为东方圣托里尼小镇，建筑都是以白色、浅褐色为主，具有浓浓的欧式建筑风格；前往【大理古城】位于苍山脚下，城内街道呈棋盘式布局；【洋人街】繁华的商业街；【双廊古镇】乘坐摆渡船登南诏风情岛，可远眺“杨丽萍”老师的月亮宫。【洱海海东篇】沿着环海东路，环游洱海至小普陀。

### 第三天 大理 ✈️ 香格里拉 早/午/晚餐

当地5★ 香格里拉蜀锦沐云酒店或同级  
【喜洲民居+三道茶+歌舞+白族老街+稻田】中国西南边疆的历史文化名镇；【龙龕码头+磻溪村+打卡网红树】位于洱海边上，从圆形拱门可以看见洱海对面的罗荃塔。

### 第四天 香格里拉 早/午/晚餐

当地5★ 香格里拉蜀锦沐云酒店或同级  
参观【松赞林寺】(含环保车)藏传佛教寺院，被称为“小布达拉宫”，全寺依山势层叠而上，气派非凡。【独克宗古城+龟山公园】建筑布局犹如八瓣莲花，中国保存最好最大的藏民居群，还有世界最大的转经筒。【普达措国家森林公园】(含电瓶车) 风景优美空气品质优良。

风味餐: 白族风味、砂锅鱼风味、喜州风味、土司宴、藏民风味、峡谷风味、纳西风味、泸沽湖风味、虹鳟鱼火锅、雪厨自助餐

### 第五天 香格里拉 ✈️ 丽江 早/午/晚餐

当地5★ 丽江祥和酒店或同级  
【虎跳峡】(不含上下扶梯RMB70)世界上落差最大的峡谷，水势汹涌奇险雄壮；【丽江古城】茶马古道著名城镇，历史悠久，欣赏木楼青瓦，古街石巷，小桥流水；【四方街】各种纳西美食。

### 第六天 丽江 ✈️ 泸沽湖(女儿国) 早/午/晚餐

当地5★ 海境酒店或同级  
【泸沽湖】“世界上最后一个女儿国净土”，湖水清澈蔚蓝，居住着摩梭人、彝族和普米族，被誉为“蓬莱仙境”；【观景台】观赏与拍摄泸沽湖全景的最佳位置；体验【乘猪槽船】游泸沽湖，登上泸沽湖最美岛屿【里务比岛】；【篝火晚会】体验跟当地人围着火堆舞蹈唱歌。

### 第七天 泸沽湖 ✈️ 丽江 早/午/晚餐

当地5★ 丽江祥和酒店或同级  
【早观日出】(看天气而定); 乘车环游湖【情人沙滩+里格观景台】；【摩梭家访】参观祖母屋，了解摩梭人的传统文化、摩梭风情、经济收入、走婚习俗等

### 第八天 丽江 ✈️ 昆明 早/午/晚餐

【玉龙雪山】(含大索道+环保车)乘缆车往海拔4,506米的观景台观赏气势磅礴的玉龙雪山(如气候不佳或维修停运或限票，则改为“云杉坪小索道”)；景点有【甘海子】【白水河】【玉水寨】【蓝月谷】(含电瓶车)；【印象·丽江】张艺谋导演以雪山为背景的实景演出；下午乘坐高铁前往昆明，晚餐后送往机场。

### 第九天 昆明 ✈️ 吉隆坡 机上用餐

乘搭航班返回吉隆坡。

Departure Date 出发日期	Flight Details 航班资料	Tour Fare 团费	Remarks 备注

上述行程仅供参考，然而正确行程乃依据当时实际情况重新调整后为准。

神州国际旅行社(马)有限公司  
ROYSTAR TRAVEL & TOURS SDN BHD (203165-T)  
☎ 03-2143 0288 📞 016-5500 590/529  
📍 No.16A & 16B, Lorong Brunei 3, off Jalan Pudu, 55100 Kuala Lumpur, Malaysia.

Tour Code: 9CKMG-LL (Updated: 01-MAR-2024)  
康泰旅行社(马)有限公司 (97581-U)  
HONG THAI TOURS & TRAVEL (M) SDN BHD  
☎ 03-2148 8448 📞 016-5500 578

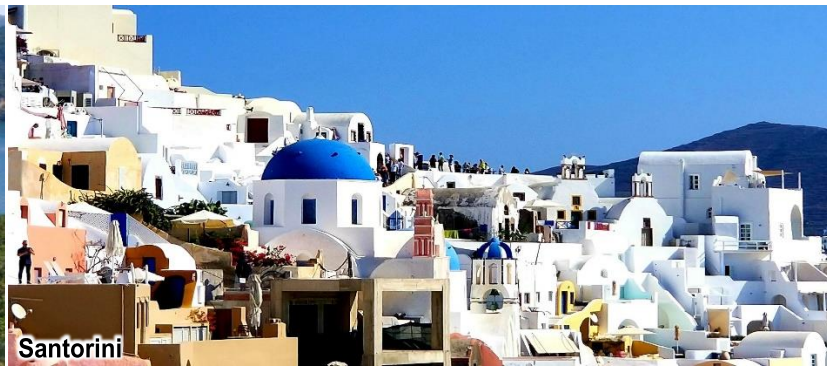


# 9D7N KUNMING · DALI · LIJIANG SHANGRI-LA · LUGU LAKE



- Highlights:**
- ◆ Local 4+5★ Hotel
  - ◆ Lugu Lake + Xizhou
  - ◆ Santorini
  - ◆ Welcoming with Flowers

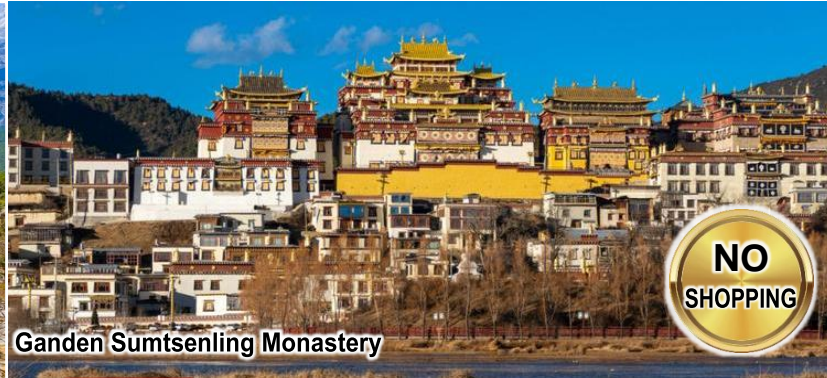
Lugu Lake



Santorini



Jade Dragon Snow Mountain



Ganden Sumtsenling Monastery



## DAY 1 KUALA LUMPUR → KUNMING MOB

Local 5★ Huishang International Hotel or Similar

Assemble at KLIA for your flight to **Kunming City**. Upon arrival, check in hotel.

## DAY 2 KUNMING → DALI B/L/D

Local 5★ Courtyard Hotel Dali or Similar

Transfer to **Dali City**. Visit **Santorini (including shuttle bus + free travel photography)** — It is called the Oriental Santorini Town. The buildings are mainly white and light brown, with a strong European architectural style. Visit **Dali Ancient Town** — Located at the foot of Cang Mountain, and the layout of streets is like a checkerboard. **Foreigners Street** — A bustling commercial. **Shuanglang Ancient Town** — Take the ferry boat to Nanzhao Fengqing Island, and you can overlook the Moon Palace of teacher "Yang Liping". **Erhai Lake Haidong Chapter** — Follow Huanhai East Road and travel around Erhai Lake to Xiaoputuo.

## DAY 3 DALI → SHANGRI-LA B/L/D

Local 5★ Shangri-La Yijin Muyun Hotel or Similar

**Xizhou folk houses + three-course tea + singing and dancing + Bai's Street + Rice Field** A famous historical and cultural town in the southwestern frontier of China. **Longkan Wharf + Fengxi Village + Celebrity check-in spot Tree** Located on the edge of Erhai Lake, you can see Luoquan Pagoda opposite Erhai Lake from the circular arch.

## DAY 4 SHANGRI-LA B/L/D

Local 5★ Shangri-La Yijin Muyun Hotel or Similar

**Ganden Sumtsenling Monastery (included shuttle bus)** — The Tibetan Buddhist temple is known as the "Little Potala Palace". The whole temple is built on top of the mountain and has extraordinary majesty. **Dukezong Ancient Town + Guishan Park** — The architectural layout is like an eight-petal lotus, which is the best preserved in China. A large Tibetan community and the world's largest prayer wheel. **Pudacuo National Forest Park** (including battery cars) beautiful scenery and excellent air quality.

## DAY 5 SHANGRI-LA → LIJIANG B/L/D

Local 5★ Xianghehe Hotel or Similar

Visit **Tiger Leaping Gorge (excluded escalators RMB70)** — A canyon with the largest water drop in the world. Visit **Old Town of Lijiang** — A famous and historical ancient town of tea-horse trading. **Sifang Street** — A variety of Naxi delicacies. This is the best spot to snap photo of the mountain.

## DAY 6 LIJIANG → LUGU LAKE B/L/D

Local 5★ Ocean Paradise Hotel or Similar

**Lugu Lake** — The lake is crystal clear and blue, inhabited by Mosuo, Yi and Pumi people. **Observation Deck** — The best spot to view and photoshoot the panorama view of Lugu Lake. **Ride the pig-trough boat** around Lugu Lake, board the **Liwubi Island**. **Bonfire Party** — Dancing with the locals.

## DAY 7 LUGU LAKE → LIJIANG B/L/D

Local 5★ Xianghehe Hotel or Similar

**Enjoy the sunrise (if weather permitting)**. Travel around the lake by car, **Lover's Beach + Lige Viewing Platform**. **Mosuo Home Visiting** — Visit the granny house, and learn about the traditional culture, economy, and marriage of the Mosuo people.

## DAY 8 LIJIANG → KUNMING B/L/D

**Jade Dragon Snow Mountain (included cable car + shuttle bus)** — Take the cable car to viewing platform at 4,506 meters above sea level (if weather non-permitting, maintenance/out of service, or limited ticket, change to Yunshanping Cable Car). The scenic spots include **Ganhaizi, Baishui River, Blue Moon Valley (excluded buggy RMB50)**. **Lijiang Impression Show** — Live performance with the background of snow-capped mountains, and directed by Zhang Yimo. Transfer to airport.

## DAY 9 KUNMING → KUALA LUMPUR MOB

Take flight back to Kuala Lumpur.  
Special meals: Bai's Cuisine, Fish Casserole Cuisine, Xizhou Cuisine, Tusi Cuisine, Tibetan Cuisine, Xiagu Cuisine, Naxi Cuisine, Lugu Cuisine, Rainbow Trout Hot Pot, Bai Chu Buffet

Departure Date 出发日期	Flight Details 航班资料	Tour Fare 团费	Remarks 备注

The above itinerary is for reference only, and is subject to any necessary changes in accordance to local requirements.

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